

Lunch Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

EVERYDAY

Main

Meat free Monday

Butcher's Sausages

Roast Chicken with stuffing & gravy

Meatballs with tomato sauce & pasta

Fish Fingers

Meat Free

Spaghetti with a freshly made tomato & vegetable sauce

Freshly Made Vegetarian Sausage

Pesto, tomato & mozzarella turnover

Courgette 'meat' balls with tomato sauce & pasta

Breaded Halloumi & salad wrap

Salad Bar
Jacket Potatoes

& To Go With

Sweetcorn Peas

Mashed Potatoes
Carrots
Green beans

Roasted vegetables
Broccoli

Green beans
Sweetcorn

Oven Chips
Peas
Baked Beans

Jelly
Yoghurt
Cut Fruit

Pudding

Honey cake

Apple & Date crumble with custard

Lemon drizzle cake

Mini iced chocolate doughnuts

Vanilla cupcake with sprinkle icing



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EVERYDAY

Main

Jacket Potato Bar with a selection of Toppings:

Freshly made hearty Tomato soup served with a filled cheese or Ham roll

Roast Turkey with Stuffing & Gravy

Traditional Toad in the hole with gravy

Breaded Fish

Meat Free

Tuna Mayo, Cheese or Baked Beans Sausage casserole

Feta, pepper & pesto pasty

Chick pea & lentil curry with rice

Courgette & feta fritter

Salad Bar
Jacket Potatoes

& To Go With

Salad Bar

Salad bar

Roast Potatoes
Carrots
Savoy Cabbage

Sweetcorn
Broccoli

Oven Chips
Baked Beans
Peas

Jelly
Yoghurt
Cut Fruit

Pudding

Cherry sponge

Banoffee Pie

Chocolate cookie

Flapjack

Carrot cake

Lunch Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

EVERYDAY

Main

Meat Free Monday

Beef lasagne

Roast Gammon with Stuffing & Gravy

Pizza Bar with a selection of toppings:
Pepperoni
Ham
Chicken

Fish fingers

Meat Free

Macaroni Cheese

Tomato & courgette lasagne

Mixed vegetable quiche

Margherita

Cheesy ratatouille bake

& To Go With

Sweetcorn Peas

Garlic bread
Salad bar

Roast Potatoes
Carrots
Cabbage

Coleslaw
Salad bar

Oven chips
Baked beans
Peas

Salad Bar
Jacket Potatoes

Pudding

Cornflake Tart

Mixed fruit crumble with custard

Chocolate sponge with chocolate sauce

Mandarin cheesecake

Sticky toffee pudding



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FRIDAY

EVERYDAY

Main

Meat Free Monday

Butcher's Sausages

Roast Chicken with Stuffing & Gravy

Meatballs with Tomato Sauce & Pasta

Fish Fingers

Meat Free

Spaghetti with Freshly Made Tomato & Vegetable Sauce

Freshly Made Vegetarian Sausage

Pesto, Tomato & Mozzarella Turnover

Courgette 'Meat'balls with Tomato Sauce & Pasta

Breaded Halloumi & Salad Wrap

Salad Bar Jacket Potatoes

& To Go With

Sweetcorn Peas

Mashed Potatoes Carrots Green Beans

Roasted Vegetables Broccoli

Green Beans Sweetcorn

Oven Chips Peas Baked Beans

Jelly Yoghurt Cut Fruit

Pudding

Honey Cake

Apple & Date Crumble with Custard

Lemon Drizzle Cake

Mini Iced Chocolate Doughnuts

Vanilla Cupcake with Sprinkle Icing



Lunch Menu



MONDAY

TUESDAY

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EVERYDAY

Main

Jacket Potato Bar with a selection of Toppings:

Freshly Made Hearty Tomato Soup served with a filled Ham or Cheese Roll

Roast Turkey with Stuffing & Gravy

Traditional Toad in the Hole with Gravy

Breaded Fish

Meat Free

Sausage Casserole, Tuna Mayo, Cheese or Baked Beans

Feta, Pepper & Pesto Pasty

Chickpea & Lentil Curry with Rice

Courgette & Feta Fritter

Salad Bar
Jacket Potatoes

& To Go With

Salad Bar

Salad Bar

Roast Potatoes
Carrots
Savoy Cabbage

Sweetcorn
Broccoli

Oven Chips
Baked Beans
Peas

Jelly
Yoghurt
Cut Fruit

Pudding

Cherry Sponge

Banoffee Pie

Chocolate
Cookie

Flapjack

Carrot Cake



Lunch Menu

Week Six
 Lyndhurst School



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

EVERYDAY

Main

Chicken, Garlic
 & Herb
 Traybake with
 Potato Wedges

School
Christmas Lunch
 Traditional Roast
 Turkey served
 with Pigs in
 Blankets

Meat Free

Macaroni
 Cheese

Baked Large Flat
 mushroom filled
 with mixed
 Vegetable Cous
 Cous

MERRY
 CHRISTMAS &
 HAPPY NEW
 YEAR!

Salad Bar
 Jacket
 Potatoes

& To Go With

Sweetcorn
 Broccoli

Roast Potatoes &
 Parsnips
 Carrots
 Brussel Sprouts

From John,
 Faith, Syeda &
 everyone at
 Connect
 Catering

Jelly
 Yoghurt
 Cut Fruit

Pudding

Fruity Flapjack

Christmas Pudding
 or Chocolate
 Brownie

Week beginning 16th Dec

