

Connect
CATERING SERVICES
EST. 2010

Lunch Menu

Week One
Lyndhurst School



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

EVERYDAY

Main

Meat free
Monday

Butcher's
Sausages

Roast Chicken
with stuffing &
gravy

Meatballs with
tomato sauce &
pasta

Fish Fingers

Meat
Free

Spaghetti with
a freshly made
tomato &
vegetable sauce

Freshly Made
Vegetarian
Sausage

Pesto, tomato &
mozzarella
turnover

Courgette
'meat' balls
with tomato
sauce & pasta

Breaded Halloumi
& salad wrap

Salad Bar
Jacket
Potatoes

& To Go
With

Sweetcorn
Peas

Mashed
Potatoes
Carrots
Green beans

Roasted
vegetables
Broccoli

Green beans
Sweetcorn

Oven Chips
Peas
Baked Beans

Jelly
Yoghurt
Cut Fruit

Pudding

Honey cake

Apple & Date
crumble with
custard

Lemon drizzle
cake

Mini iced
chocolate
doughnuts

Vanilla ice cream
pot



Weeks beginning 9th Sept 30th Sept 21st Oct

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Lunch Menu

Week Two
Lyndhurst School



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

EVERYDAY

Main

Jacket Potato Bar with a selection of Toppings:

Cheese & Ham filled pancakes

Roast Gammon with Stuffing & Gravy

Chicken, garlic & herb traybake

Breaded Fish

Meat Free

Tuna Mayo, Cheese or Baked Beans Sausage casserole

Roasted vegetable filled pancake

Feta, pepper & pesto pasty

Chick pea & lentil curry with rice

Courgette & feta fritter

Salad Bar
Jacket Potatoes

& To Go With

Salad Bar

New potatoes Broccoli

Roast Potatoes Carrots Savoy Cabbage

Potato Wedges Sweetcorn Salad Bar

Oven Chips Baked Beans Peas

Jelly
Yoghurt
Cut Fruit

Pudding

Cherry sponge

Banoffee Pie

Chocolate cookie

Flapjack

Chocolate ice cream pot

Weeks beginning 16th Sept 7th Oct

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Lunch Menu

Week Three
Lyndhurst School



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

EVERYDAY

Main

Meat Free Monday

Beef lasagne

Roast Turkey with Stuffing & Gravy

Pizza Bar with a selection of toppings: Pepperoni Ham

Fish fingers

Meat Free

Macaroni Cheese

Tomato & courgette lasagne

Mixed vegetable quiche

Margherita

Cheesy ratatouille bake

& To Go With

Sweetcorn Peas

Garlic bread Salad bar

Roast Potatoes Carrots Cabbage

Coleslaw Salad bar

Oven chips Baked beans Peas

Salad Bar Jacket Potatoes

Jelly Yoghurt Cut Fruit

Pudding

Cornflake Tart

Mixed fruit crumble with custard

Beetroot chocolate brownie

Mandarin cheesecake

Date slice

Weeks beginning 23rd Sept 14th Oct